

EAT. DRINK. SOCIALIZE.

SIKORSKY WEST

Monday – Friday | 5:30 am – 1:00 pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF APRIL 22



RISE & SHINE

BREAKFAST SPECIALS

MONDAY - double double breakfast with 16.9 water or medium house coffee	6.15
TUESDAY - kickin' chicken breakfast on a wrap { eggs, cheese, hash brown with pepper & onion spicy chicken	6.95
WEDNESDAY - HUMP DAY BREAKFAST, pork sausage patty egg, provolone cheese, garlic aioli, caramelized onions with toasted hard roll and side of tots	6.95
THURSDAY - breakfast grit bowl with sausage, egg, gravy and cheese	6.95
FRIDAY - loaded hashbrown with 16.9 water or medium house coffee	6.15

MON

EARTH DAY: FIT TOFU (V) OR CHICKEN PAD THAI WITH PEANUTS 10.00

choice of FIT thai tofu (V) or chicken pad thai with scallions, carrots, green beans and noodles with peanuts in a spicy pad thai sauce

HOT GRAZE \$.60

Marsala chicken over rice and vegetable and sauce

TUES

PICO MESA: BUILD YOUR OWN NACHO 9.00

choice of ground beef, seasoned chicken, pico de gallo, jalapenos, shredded lettuce, spicy black beans, rice, cheddar cheese, sour cream and salsa, tortilla chips

HOT GRAZE \$.60oz

sesame tofu, sweet & sour chicken tossed with vegetables over fried rice

WED

STOP FOOD WASTE DAY: EARTH BOWLS 10.00/10.15

choice of FIT herb grilled chicken, or FIT cajun blackened shrimp served with rainbow carrot and asparagus hash, chickpeas, falafel, grilled pineapple, almonds and asparagus stem pesto

HOT GRAZE \$.60oz

Balsamic braised pork garlic mashed, roasted green beans and tomatoes

THURS

MASALA: SHRIMP TIKKA MASALA 11.00

Tandoori shrimp, caramelized onions with spiced jasmine rice, chana masala, shahi paneer, cucumber tomato parsley salad, and naan bread

HOT GRAZE \$.60oz

Baked pasta or butter pasta with homemade meatball, side salad and garlic bread

FRI

STREET EATS: TENDERS 10.00

choice of buffalo, carolina gold, rotisserie rubbed or kansas city bbq chicken tender served with carrot and celery sticks, bakers chips, and choice of dressing

HOT GRAZE \$.60

CHEF CHOICES OF THE DAY

FLAME

MONDAY

CHICKEN TENDER BASKET 7.70
served with french fries and 16.9oz bottled water

TUESDAY

Mile high double bacon cheeseburger 10.50

Two beef burger topped, bacon, frizzled onion cheddar cheese, lettuce, tomato, BBQ sauce, on toasted brioche bun

WEDNESDAY

THREE CHEESE MELT WITH ROASTED TOMATOES ON TEXAS TOAST 9.50

Goat, gruyere, Havarti cheese, roasted tomatoes on Texas toast

THURSDAY

BACON RANCH SPICY CHICKEN 10.50

Spicy chicken fillet, bacon, ranch, garlic parmesan butter, lettuce and tomato on brioche

FRIDAY

CHILI CHEESE HOT DOG 9.50

All beef hot dog with chili and cheese

SOMETHING
DELICIOUS
AWAITS YOU

GRINDER SHOP

MONDAY

STEAKHOUSE ROAST BEEF

steakhouse roast beef blue cheese and crispy onion

Tuesday- Thursday

BUFFALO CHICKEN CHEDDAR

Crispy chicken, buffalo sauce, lettuce, tomato, cheddar cheese

TURKEY PEPPER JACK BLT MELT

Smoked turkey, Pepper jack cheese, bacon, tomato, spinach

PHILLY STEAK AND CHEESE

shaved steak with peppers, onions, american cheese

Friday

BUTCHER + BAKER

Assorted sliced meats, cheeses, and fresh veggies

All sandwiches served with choice of chips, pretzels, or carrot sticks

6 inch grinder 9.50

12 in grinder 14.00

**CONNECT
WITH US**

westmarketplacestratford

<https://eurestcafes.compass-usa.com/Sikorsky>

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SIKORSKY EAST
Monday - Friday | 5:30 am - 12:15 pm

WEEK OF APRIL 22



RISE & SHINE

BREAKFAST SPECIALS

MONDAY - double double breakfast with 16.9 water or medium house coffee	6.15
TUESDAY - kickin' chicken breakfast on a wrap { eggs, cheese, hash brown with pepper & onion spicy chicken	6.95
WEDNESDAY - HUMP DAY BREAKFAST, pork sausage patty egg, provolone cheese, garlic aioli ,caramelized onions with toasted hard roll and side of tots	6.95
THURSDAY - breakfast grit bowl with sausage, egg, gravy and cheese	6.95
FRIDAY - loaded hashbrown with 16.9 water or medium house coffee	6.15

MON

HOT GRAZE

Marsala chicken over rice and vegetable and sauce

\$.60

TUES

HOT GRAZE

sesame tofu, sweet & sour chicken tossed with vegetables over fried rice

\$.60oz

WED

HOT GRAZE

Balsamic braised pork garlic mashed, roasted green beans and tomatoes

\$.60oz

THURS

HOT GRAZE

Baked pasta or butter pasta with homemade meatball, side salad and garlic bread

\$.60oz

FRI

HOT GRAZE

Traditional wings

\$.60oz

FLAME

MONDAY

CHICKEN TENDER BASKET

7.70
served with french fries and 16.9oz bottled water

TUESDAY

Mile high double bacon cheeseburger 10.50

Two beef burger topped, bacon ,frizzled onion cheddar cheese, lettuce, tomato, BBQ sauce, on toasted brioche bun

WEDNESDAY

THREE CHEESE MELT WITH ROASTED TOMATOES ON TEXAS TOAST

9.50

Goat, gruyere, Havarti cheese, roasted tomatoes on Texas toast

THURSDAY

BACON RANCH SPICY CHICKEN

10.50

Spicy chicken fillet, bacon, ranch, garlic parmesan butter, lettuce and tomato on brioche

FRIDAY

CHILI CHEESE HOT DOG

9.50

All beef hot dog with chili and cheese

SOMETHING
DELICIOUS
AWAITS YOU

NOW FEATURING



NOW SERVING PREMIUM, MADE TO ORDER
BURGERS AND CHICKEN SANDWICHES

HAND MADE CHEESEBURGER \$8.85

HAND MADE HAMBURGER \$8.50

FRESH GRILLED CHICKEN SANDWICH \$8.00

MAKE IT A COMBO!
ADD FRIES FOR \$2.00

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SIKORSKY WEST 2ND SHIFT

Monday – Friday | 5:30 am – 1:00 pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF APRIL 22

MON	STEAKHOUSE ROAST BEEF	9.50
	steakhouse roast beef blue cheese and crispy onion. served with bakers chips	
	HOT GRAZE	\$.60
	Marsala chicken over rice and vegetable and sauce	

TUES	GRINDER SHOP	
	BUFFALO CHICKEN CHEDDAR	9.50/14.00
	Crispy chicken, buffalo sauce, lettuce, tomato, cheddar cheese served with baker chips	
	HOT GRAZE	\$.60oz
	sesame tofu, sweet & sour chicken tossed with vegetables over fried rice	

WED	GRINDER SHOP	
	PEPPER JACK BLT MELT	9.50/14.00
	Pepper jack cheese, bacon, tomato, spinach served with bakers chips	
	HOT GRAZE	\$.60oz
	Balsamic braised pork garlic mashed, roasted green beans and tomatoes	

THURS	GRINDER SHOP	
	PHILLY STEAK AND CHEESE	9.50/14.00
	shaved steak with peppers, onions, american cheese served baker's chips	
	HOT GRAZE	\$.60oz
	Baked pasta or butter pasta with homemade meatball, side salad and garlic bread	

FRI	BUTCHER + BAKE	9.50/14.00
	Assorted deli meat ,lettuce , tomatoes, cheese, served baker's chips	

FLAME

MONDAY		
CHICKEN TENDER BASKET		7.70
served with french fries and 16.9oz bottled water		
TUESDAY		
Mile high double bacon cheeseburger		10.50
Two beef burger topped, bacon ,frizzled onion cheddar cheese, lettuce, tomato, BBQ sauce, on toasted brioche bun		
WEDNESDAY		
THREE CHEESE MELT WITH ROASTED TOMATOES ON TEXAS TOAST		9.50
Goat, gruyere, Havarti cheese, roasted tomatoes on Texas toast		
THURSDAY		
BACON RANCH SPICY CHICKEN		10.50
Spicy chicken fillet, bacon, ranch, garlic parmesan butter, lettuce and tomato on brioche		
FRIDAY		
CHILI CHEESE HOT DOG		9.50
All beef hot dog with chili and cheese		

SOMETHING
DELICIOUS
AWAITS YOU

NOW FEATURING



NOW SERVING PREMIUM, MADE TO ORDER BURGERS AND CHICKEN SANDWICHES	
HAND MADE CHEESEBURGER	\$8.85
HAND MADE HAMBURGER	\$8.50
FRESH GRILLED CHICKEN SANDWICH	\$8.00

MAKE IT A COMBO!
ADD FRIES FOR \$2.00

EAT. DRINK. SOCIALIZE.

SIKORSKY SHELTON MARKETPLACE

Monday - Friday | 6:00 am - 12:00 pm

WEEK OF APRIL 22

MON

CHICKEN FINGER BASKET

chicken finger basket served with french fries
served with 16.9oz water

7.70

TUES

Mile high double bacon cheeseburger

10.50

Two beef burger topped, bacon, frizzled onion cheddar cheese, lettuce, tomato, BBQ sauce, on toasted brioche bun

WED

THREE CHEESE MELT WITH ROASTED TOMATOES ON TEXAS TOAST

9.50

Goat, gruyere, Havarti cheese, roasted tomatoes on Texas toast

THURS

BACON RANCH SPICY CHICKEN

10.50

Spicy chicken fillet, bacon, ranch, garlic parmesan butter, lettuce and tomato on brioche

FRI

CHILI CHEESE HOT DOG

All beef hot dog with chili and cheese

9.50

BREAKFAST

MONDAY

Double double

double egg, double meat and cheese sandwich. Served w/
coffee or 16.9oz water 6.15

TUESDAY

Kickin chicken breakfast wrap egg, peppers
hash brown and cheese on a wrap 6.95

WEDNESDAY

HUMP DAY BREAKFAST, pork sausage patty
egg, provolone cheese, garlic aioli
, caramelized onions with toasted hard roll and
side of tots 6.95

THURSDAY

Breakfast grit bowl with bacon eggs and gravy
6.95

FRIDAY

loaded hashbrown with two egg bacon,
cheddar cheese with a 16.9 water 6.15

SOMETHING
DELICIOUS
AWAITS YOU

QUESTIONS?

CHEF MANAGER

JAMES SCOTT

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GENERAL MANAGER

AARON PERROTT

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CONNECT
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SIKORSKY BRIDGEPORT MARKETPLACE

Monday – Friday | 5:30 am – 12:00 pm

WEEK OF APRIL 22

MON

CHICKEN FINGER BASKET

chicken finger basket served with french fries
served with 16.9oz water

7.70

TUES

Mile high double bacon cheeseburger

10.50

Two beef burger topped, bacon, frizzled onion cheddar cheese, lettuce, tomato, BBQ sauce, on toasted brioche bun

WED

THREE CHEESE MELT WITH ROASTED TOMATOES ON TEXAS TOAST

Goat, gruyere, Havarti cheese, roasted tomatoes on Texas toast

9.50

THURS

BACON RANCH SPICY CHICKEN

10.50

Spicy chicken fillet, bacon, ranch, garlic parmesan butter, lettuce and tomato on brioche

FRI

CHILI CHEESE HOT DOG

All beef hot dog with chili and cheese

9.50

BREAKFAST

MONDAY

Double double

double egg, double meat and cheese sandwich. Served w/
coffee or 16.9oz water 6.15

TUESDAY

kickin chicken breakfast wrap, egg, peppers
and hash brown cheese on a wrap 6.95

WEDNESDAY

HUMP DAY BREAKFAST, pork sausage patty
egg, provolone cheese, garlic aioli
, caramelized onions with toasted hard roll and
side of tots 6.95

THURSDAY -

Breakfast grit bowl with bacon eggs and gravy
6.95

FRIDAY

loaded hashbrown with two egg bacon,
cheddar cheese with a 16.9 water 6.15

SOMETHING
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QUESTIONS?

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